

[PDF] Pregnancy Day By Day

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Books Details:

Title: Pregnancy Day By Day

Author: DK

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Pages: 496

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Description:

Fully revised to reflect updated medical practices, technological advances, and prenatal imagery since the book first published, *Pregnancy Day by Day* gives expecting mothers comprehensive advice on every stage of their pregnancy and labor, from the first week of pregnancy to two weeks after the baby is born.

Covering nutrition, exercise, medical issues, pain relief, and much more, *Pregnancy Day by Day* is a great resource for mothers who want to know what's happening to their bodies every step of the way.

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