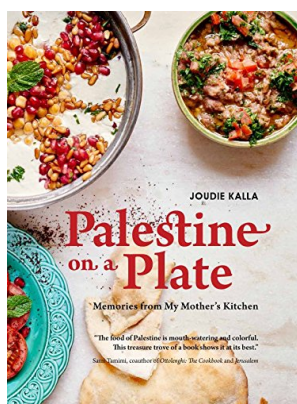


# [PDF] Palestine On A Plate: Memories From My Mother's Kitchen

Joudie Kalla - pdf download free book

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**Books Details:**

Title: Palestine on a Plate: Memories from My Mother's Kitchen

Author: Joudie Kalla

Released:

Language:

Pages: 240

ISBN: 1566560691

ISBN13: 9781566560696

ASIN: 1566560691

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## Description:

A BEAUTIFULLY PHOTOGRAPHED CULINARY AND CULTURAL TOUR OF PALESTINE

Palestinian food is not just found on the streets with the *ka'ak* (sesame) bread sellers and stalls selling za'atar chicken and *mana eesh* (za'atar and sesame bread), but in the home too; in the

kitchens all across the country, where families cook and eat together every day, in a way that generations before them have always done. *Palestine on a Plate* is a tribute to family, cooking, and home-old recipes created with love that brings people together in appreciation of the beauty of this rich heritage. Immerse yourself in the stories and culture of Palestine through the food in this book.

This is a celebration of real Palestinian food, cooked with the ingredients that Joudie's mother and grandmother use, and their grandmothers used before them. Experience the wonderful flavors of Palestine through zingy *fattet hummus* (tangy yoghurt, chickpeas and hummus, served over toasted pita bread and drizzled in buttered pine nuts), satisfyingly spiced *makloubeh* (an upside down spiced rice dish with lamb neck and fried eggplant), eggplant and zucchini stuffed full with spiced and herbed lamb, and sublimely decadent *awameh* (honey dumplings) all accompanied by fresh mint tea and white coffee (not actually coffee at all, but a refreshing mix of water, orange blossom water and sugar).

Colorful, stunning photography evoking the vibrancy and romance of the country will bring Palestine into your home and make you fall in love with this wonderful way to cook and enjoy food.

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