

[PDF] Inventing The Rest Of Our Lives: Women In Second Adulthood

Suzanne Braun Levine - pdf download free book



Books Details:

Title: Inventing the Rest of Our Liv
Author: Suzanne Braun Levine
Released: 2005-12-27
Language:
Pages: 272
ISBN: 0452287219
ISBN13: 978-0452287211
ASIN: 0452287219

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Description:

From Publishers Weekly Levine has a message for aging boomer women: if you're feeling out of sorts, confused, in a rut, there's nothing wrong with you: you're just entering your "Second Adulthood," a time, she says, when women can remake themselves. Levine, *Ms.* magazine's editor for 17 years and now a contributor to *More* magazine (and author of *Father Courage: What Happens When Men Put Family First*), draws on the latest research on hormonal and other physical changes

women begin to go through in their 40s, and draws on 50 in-depth interviews she conducted with women in their middle years to show how they can improve their lives. Levine's subjects describe a time of confusion (the "fertile void") that led them to re-sort their lives, revise priorities and make new decisions about work and intimate relationships. Samantha, for example, left an alcoholic husband after decades of marriage. Joanie, a traditional wife and mother, renegotiated her marriage and bought herself an apartment in New York City, becoming a fund-raiser for a dance company. Although Levine did interview some women with fewer economic resources and she discusses the importance of financial planning, much of the self-discovery stories will resonate best with women who are financially comfortable. Her gung-ho go-rappelling-off-the-mountain tone may grate on some women while inspiring others.

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Review "Levine takes us beyond the frontier of our own expectations and into a new and hope-filled stage of life." —Gloria Steinem

"I found so many resonances with my own experiences in this book... It will have a huge impact and will clarify so many things for so many women."—Carol Gilligan, Ph.D., author of **In a Different Voice** and **The Birth of Pleasure**

"Suzanne Braun Levine made me understand why I always envied older women . . . life just gets better—more outrageous, more radical, more passionate, less fraught, wiser, deeper, and kinder." —Eve Ensler, creator of **The Vagina Monologues**

"A you-go-girl manual for the menopause crowd."—**People**

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