

[PDF] Food52 Mighty Salads: 60 New Ways To Turn Salad Into Dinner--and Make-Ahead Lunches, Too

Editors Of Food52 - pdf download free book

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|---|--|--|
| Contents | | |
| Foreword iii Introduction iv Building Blocks vi | | |
| LEAFY SALADS | | |
| Crispy Tuna & Apricot Salad with Miso Dressing 1 | Crunchy Kale Salad with Roasted Onions 12 | Wild Rice Bowl with Tofu, Green Peas & Roasted White Beans 16 |
| Stir-Fry with Pineapple & Bacon 4 | Kale & Cauliflower with Caramelized Onions 18 | Roasted Sweet Potato & Chickpea Salad 17 |
| Avocado-Chicken Salad 4 | Roasted Eggplant, Kalamansi Sauce & Kale Salad 18 | Roasted Chickpea & Kale Salad 18 |
| Shrimp & Kale with Citrus Dressing 5 | Chickpea & Kale with Garlic Bread Crust Potatoes 18 | Roasted Sweet Potato & Kale Salad 18 |
| Crispy Kale with Roasted Egg Dressing 14 | Miso Kale with Parsnips & Honey 18 | |
| LESS-LEAFY VEGETABLE SALADS | | |
| Roasted Eggplant with Tahini, Dill & Cucumber 20 | Roasted Potato Salad with Mashed Avocado Vinaigrette 21 | |
| Roasted Eggplant, Roasted Beets, Roasted Potatoes & Lemon Vinaigrette 21 | Roasted Beets & Kale, Chickpea & Egg Salad 21 | |
| Crisp Turkey Meatballs in Tomato Vinaigrette 21 | Chickpea & Kale with Fig, Roasted Potatoes 21 | |
| Crispy Roasted Cauliflower 21 | Chickpea & Kale with Lentils 21 | |
| Crispy Mediterranean Veg Salad 21 | Roasted Potatoes, Roasted Apple Salad 21 | |
| GRAIN & BEAN SALADS | | |
| Roasted Feta & Asparagus Salad 23 | Feta & Golden Beet Salad with Crispy Sage Dressing 24 | |
| Crispy Roasted Chickpea Salad 24 | Beet & Potato Salad 24 | |
| Miso Lentil Salad with Kale & Miso Dressing 24 | Spiced Mung Bean, Cumin & Kale Salad 24 | |
| Crispy Rice Salad with Mango, Red Pepper & Lemon 24 | | |
| PASTA & RISOTTO SALADS | | |
| Navy Beans, Potato & Peas in Tomato Sauce 25 | Spring Vegetable Primavera 26 | |
| Roasted Chickpea & Kale Salad 26 | Roasted Chickpea & Kale Salad 26 | |
| Roasted Chickpea & Kale Salad 26 | Roasted Chickpea & Kale Salad 26 | |
| FISH & SEAFOOD SALADS | | |
| Roasted Salmon with Miso Dressing 26 | Crispy Salmon Salad with Caramelized Potatoes 26 | |
| Roasted Salmon with Miso Dressing 26 | Roasted Salmon with Miso Dressing 26 | |
| MEAT SALADS | | |
| Chickpea & Kale Salad with Roasted Potatoes 26 | Chickpea & Kale Salad with Roasted Potatoes 26 | |
| Chickpea & Kale Salad with Roasted Potatoes 26 | Chickpea & Kale Salad with Roasted Potatoes 26 | |
| INDEX | | |

Books Details:

Title: Food52 Mighty Salads: 60 New

Author: Editors of Food52

Released: 2017-04-11

Language:

Pages: 160

ISBN: 0399578048

ISBN13: 9780399578045

ASIN: 0399578048

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pdf, mobi, epub, azw, kindle

Description:

A collection of 60 recipes for turning ordinary salads into one-dish worthy meals.

Does anybody need a recipe to make a salad? Of course not. But if you want your salad to hold strong in your lunch bag or carry the day as a one-bowl dinner, dressing on lettuce isn't going to cut it.

Make way for *Mighty Salads*, in which the editors of Food52 present sixty salads hefty with vegetables, meats, grains, beans, fish, seafood, pasta, and bread. Think shrimp and radicchio tossed in a bacon vinaigrette, a make-ahead jumble of white beans with charred lemon and fennel, slow-roasted duck and apples scattered across spicy greens. It's comforting food made captivating by simply charring one ingredient or marinating another—shaving some, or roasting a bunch.

But because we don't always follow recipes, there are also loose formulas for confident off-roading, as well as back-pocket tips and genius tricks for improving any old salad. Because once you know how to fix too-salty dressing, wash greens once and for all, keep an avocado from browning, and even sprout your own grains, the humble salad starts looking a lot more interesting—and a whole lot more like dinner.

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