

# [PDF] Fight Less, Love More: 5-Minute Conversations To Change Your Relationship Without Blowing Up Or Giving In

Laurie Puhn - pdf download free book

---

**Books Details:**

Title: Fight Less, Love More: 5-Minu

Author: Laurie Puhn

Released: 2012-09-18

Language:

Pages: 272

ISBN: 1609618890

ISBN13: 978-1609618896

ASIN: 1609618890



[\*\*CLICK HERE FOR DOWNLOAD\*\*](#)

---

pdf, mobi, epub, azw, kindle

## Description:

**From Publishers Weekly** As a Harvard-trained family and divorce lawyer and couples mediator, Puhn is extremely well qualified to speak to communication difficulties in relationships. In this book, she outlines tactics to improve communication, avoid unhealthy behaviors, and better appreciate your partner that are simple to implement, remarkably effective, and will benefit couples in relationships troubled and healthy alike. With advice that is nonjudgmental, extremely efficient, and clearly understandable, Puhn covers all aspects of romantic relationships, from problems like infidelity to boundaries giving couples of every strip something of benefit. Sections, chapters, and

goals are clearly delineated and well positioned, with research bubbles (adultery is often a consequence of believing that one's marriage is already in trouble) and quotes from the familiar (Oprah) to the refreshing (Churchill) make for a light, easy read. Eschewing frustrating vagaries, sweeping generalizations, and gender-based assumptions, Puhn's extremely specific guide focuses on simple, rational solutions that primarily revolve around maintaining respect for one's partner. Readers will gain a great deal from her contribution to the genre.

(c) Copyright PWxyz, LLC. All rights reserved. --This text refers to the edition.

**Review** Women and men may be from different planets, but Laurie Puhn's insightful advice will show them how to speak the same language and create a relationship of mutual respect and support. *Fight Less Love More* makes the considerable task of improving your relationship astonishingly simple, and gives couples the tools they need to create their own happiness. John Gray, Ph. D., author of *Men are from Mars, Women are from Venus* Laurie Puhn offers a no-frills book about how to have a great relationship. *Fight Less, Love More* contains brilliant and precise advice; the underlying implication being that healthy, loving couples are sane and smart--a sentiment that shines through on every page of clear, sensible information. I would recommend it as required reading for any couple. Harville Hendrix, Ph. D., author of *Getting the Love You Want: A Guide for Couples*

Most everyone I know would be willing to invest 5 minutes a day to improve their relationship. Laurie Puhn shows us how to use those few minutes to build lasting love. I highly recommend *Fight Less, Love More*. Gary Chapman, author of *The Five Love Languages*

Perhaps no conflict is more problematic for more people than that between partners and spouses. In this practical handbook, Laurie Puhn offers sound and pithy advice for today's time-pressed couples on how to deal with their differences in a smart and kind manner. William Ury, Ph. D. co-founder Harvard's Program on Negotiation, co-author of *Getting to Yes* and author of *The Power of a Positive No*

Laurie Puhn hands couples who have lost their way a roadmap back to the relationship they want. Smart, empowering, and insightful, *Fight Less, Love More* offers real-life strategies for ending the cycle of fighting, hurt, and poor communication in which so many couples become entrenched. Rachel Greenwald, author of *Find a Husband After 35* and *Have Him at Hello*

No matter how much two people love each other in the beginning, at some point most couples end up in the same fight over and over--and inadvertently stepping on land mines that restart it all once again. Laurie's new book explains how to step beyond habitual patterns and reconnect with the person you fell in love with. Susan Piver, author of *The Wisdom of a Broken Heart* and *The Hard Questions*

Ever been in one of those here-we-go-again arguments with your mate, wishing someone could step

in to help you sort things out once and for all? That's where Laurie Puhn comes in. Written with humor and directness, her book will help you create the loving communication that you long for. Read it now before you're tempted to say, "honey, can we talk?" Scott Haltzman, M.D., author of *The Secrets of Happily Married Men*

"With advice that is nonjudgmental, extremely efficient, and clearly understandable, Puhn covers all aspects of romantic relationships, from problems like infidelity to boundaries giving couples of every stripe something of benefit. Readers will gain a great deal from her contribution to the genre."

Publishers Weekly

---

- Title: Fight Less, Love More: 5-Minute Conversations to Change Your Relationship without Blowing Up or Giving In
  - Author: Laurie Puhn
  - Released: 2012-09-18
  - Language:
  - Pages: 272
  - ISBN: 1609618890
  - ISBN13: 978-1609618896
  - ASIN: 1609618890
-